

Welcome to your piano practice pack!

How to use this pack

Step 1: WATCH

- Watch the video from the beginning
- We'll tell you when to pause and read

Step 2: Pause and practise

- Stop the video and try the activity
- Take your time - no rush!

Step 3: Back to the video

- Press play again when you're ready
- We'll guide you to the next step

Re-watch or re-read any time you like!

What's in this month's pack?



Discover & Play

Learn all about pitch and the musical alphabet

Learn & Play

Discover your right-hand starting position and play your first melody!

Sing & Play

Play accompanying notes and sing along to Happy Birthday



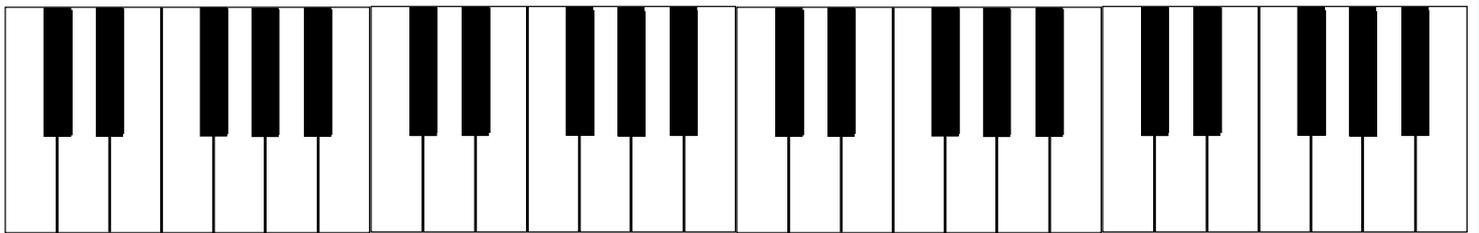
Discover & Play



Let's learn about pitch!

Pitch is how *high* or *low* a sound is. A low note sounds like a grizzly bear. A high note sounds like a little mouse.

Try it out! Low notes can be found on the left side of the keyboard and high notes are on the right side.



Low notes

High notes

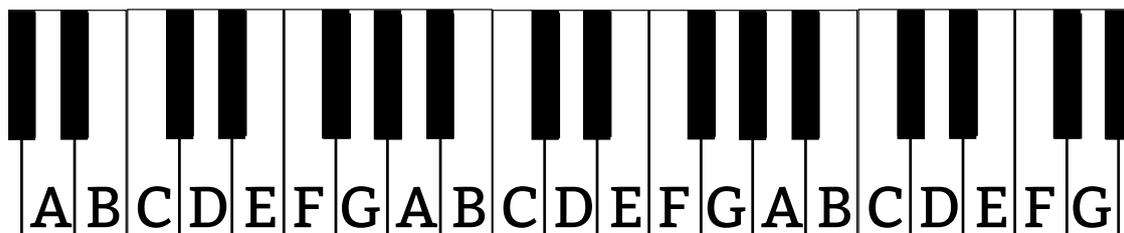
The Musical Alphabet



Did you know there is such a thing as a *musical* alphabet?
And it only has 7 letters!



A B C D E F G



Can you see that it's repeated along the keyboard?

Try it out! Play each note of the musical alphabet, from left to right.
What do you notice? Are the notes getting higher or lower?



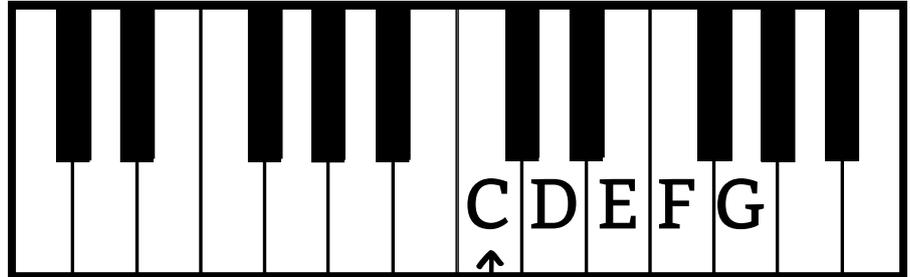
Learn & Play



Let's learn the notes C to G with our right hand.
We'll be starting with the white notes.
But first, can you find middle C?

💡 Tips to find Middle C 🎹

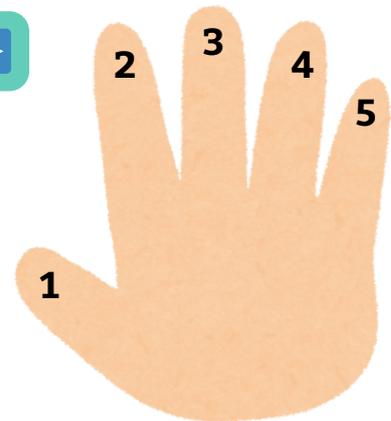
1. You'll notice the black keys are grouped in twos and threes.
2. Find the group of two black keys near the centre of your piano or keyboard. This is roughly where the brand name is written.
3. Middle C is the white key just to the left of those two black keys.



Middle C

[Back to the video](#) ▶

**Hold up your right hand.
Now, imagine your fingers are
labelled 1-5, starting with your
thumb.**



Can you play C-G on the keyboard?

| | |
|--|--------------|
| Play Middle C with your thumb | 1 = C |
| D with your second/pointer finger | 2 = D |
| E with your third/middle finger | 3 = E |
| F with your fourth/ring finger | 4 = F |
| G with your fifth/little finger | 5 = G |



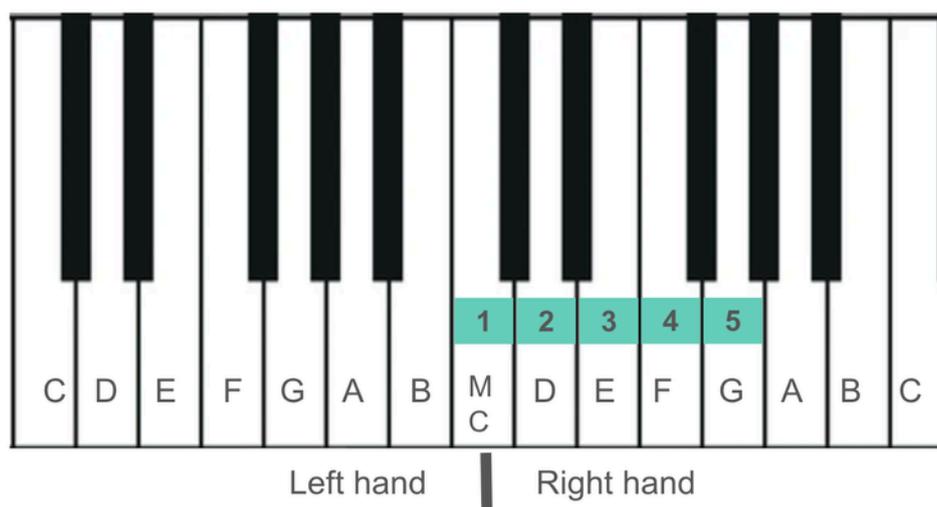
Learn & Play

Let's put our right hand to work by learning Mary had a Little Lamb.

Using the finger numbers we just learnt, can you line your hand up so your fingers are resting on the notes highlighted in blue below?

Keep your hand in that position.

Have a go at playing the song using the finger numbers under the notes.



4/4

RH 3 2 1 2 3 3 3 2 2 2 3 5 5
Ma- ry had a lit- tle lamb. Lit- tle lamb. Lit- tle lamb.

RH 3 2 1 2 3 3 3 3 2 2 3 2 1
Ma- ry had a lit- tle lamb its fleece was white as snow.

[Back to the video](#)



Sing & Play

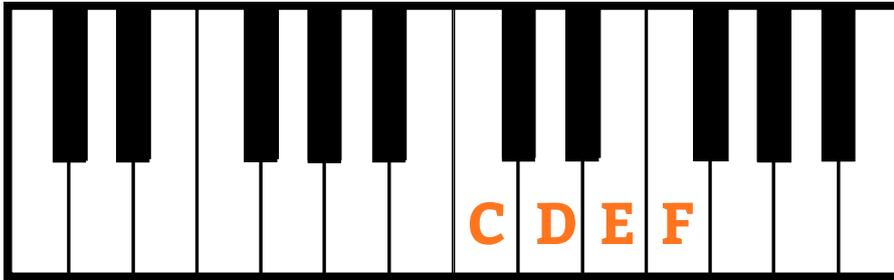


Sing the song together. When you see a note above the word, play that note on the piano!

(Use any finger you like)

Happy Birthday

You'll need notes C, D, E and F
Can you find them on the keyboard?



D **E**
Happy birthday to you

D **F**
Happy birthday to you

C **E**
Happy birthday dear friend

F
Happy birthday to you



Game time



Musical note words!

Use the note letters to complete the musical alphabet quiz.



1. What does a hen lay? E _ _
2. What insect buzzes? B _ _
3. Where are your nose and mouth? F _ C _
4. Which popular Swedish band won Eurovision in 1974? A _ B _
5. What might you wear on your birthday? B _ _ G _

Play these words on your keyboard!
Can you find any more?



Check-in and reflections



Am I ready to move on?

We hope you've enjoyed this practice pack. Fill out this section with your parent or carer - if you can't check any of the boxes just yet, have another practice!

Check (✓) if true:

- I used the correct fingers on my right hand
- I can find high and low notes
- I know more about the musical alphabet

Anything you want to jot down? _____

My Musical Journal

Want to keep track of your musical journey?

What did you enjoy?

What new skills have you learnt?

What are you most proud of?

